Complete meals on infant menu to correspond with days claimed (checked) on meal count form. Provider_____Month_____ Year_____

Infant (8-11 months), Iron fortified formula **(IFF)** and Breast Milk **(BM)** counts for infants 0-11 months. Iron fortified cereal **(IFC)** is the only cereal that counts for infants. Exceptions will be made with physician letter.

0-3 Months: IFF or BM *Only*	**4-7 Months:** IFF or BM *Only Additional Foods Optional*	**8-11 Months:** IFF or BM, IFC is the only creditable cereal. ***Additional foods required at main meals*. Serve at least (1) item from foods listed in each section at main meals. Main meals are breakfast, lunch and dinner.**

	Requirement/s	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Infant Name:
Breakfast	**IFF or BM →**																
	IFC (8-11 months required) →																
	Fruit or Veg. (8-11 months required) →																
AM	**IFF or BM →**																**Type of Formula**
	(8-11 months only, 100% juice can be in place of BM or IFF) IFC, bread or crackers optional →																
Lunch	**IFF or BM →**																
	IFC & **or** meat, fish, poultry, egg yolk **or** cooked dry beans **or** peas **or** cheese/cottage cheese/ cheese, **or** cheese spread **(8-11 months required) →**																
	Fruit & or Vegetable (8-11 months required) →																
PM	**IFF or BM →**																**Comments**
	(8-11 months only, 100% juice can be in place of BM or IFF) IFC, bread or crackers optional →																
Dinner	**IFF or BM →**																
	IFC & **or** meat, fish, poultry, egg yolk **or** cooked dry beans **or** peas **or** cheese/cottage cheese/ cheese, **or** cheese spread **(8-11 months required) →**																
	Fruit & or Vegetable (8-11 months required) →																
Night	**IFF or BM →**																
	(8-11 months only, 100% juice can be in place of BM or IFF) IFC, bread or crackers optional →																

	Requirement/s	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Breakfast	**IFF or BM →**																
	IFC (8-11 months required) →																
	Fruit or Veg. (8-11 months required) →																
AM	**IFF or BM →**																
	(8-11 months only, 100% juice can be in place of BM or IFF) IFC, bread or crackers optional →																
Lunch	**IFF or BM →**																
	IFC & **or** meat, fish, poultry, egg yolk **or** cooked dry beans **or** peas **or** cheese/cottage cheese/ cheese, **or** cheese spread **(8-11 months required) →**																
	Fruit & or Vegetable (8-11 months required) →																
PM	**IFF or BM →**																
	(8-11 months only, 100% juice can be in place of BM or IFF) IFC, bread or crackers optional →																
Dinner	**IFF or BM →**																
	IFC & **or** meat, fish, poultry, egg yolk **or** cooked dry beans **or** peas **or** cheese/cottage cheese/ cheese, **or** cheese spread **(8-11 months required) →**																
	Fruit & or Vegetable (8-11 months required) →																
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